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REVISED AND UPDATED

The Untold Story of Milk

The History, Politics and Science of Nature's Perfect Food: Raw Milk from Pasture-Fed Cows

> by Ron Schmid, ND Foreword by Sally Fallon Morell

512 pages illustrated, \$25 Cases of 12, \$150 per case

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Since the publication of the first edition of *The Untold Story* of *Milk* five years ago, and as the raw milk movement has grown, so has the venom of government opposition—farm raids, sneak legislation, bogus reports of illness and arbitrary testing procedures define the latest tactics against Nature's perfect food.

The official government position: raw milk is inherently dangerous and should be consumed by no one, especially not by pregnant women, children, the elderly and those with compromised immune systems.

Working in favor of this quintessential grass roots movement is new research showing the superior safety and health benefits of raw milk; the demise of the germ theory of medicine and the advent of probiotics; and increased consumer activism in the form of private milk clubs, cow-share and herd-share agreements and legal defense associations to defend consumer access to raw milk, especially for those who need it most—pregnant women, growing children, the elderly and those with compromised immune systems.

This new edition includes expanded information on the science of raw milk and provides details on recent court cases and consumer activism.

